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CLAIMS

1. Method for the processing of food portions, in which method the food portions are delivered to a cold storage space (1) situated by a user, from said cold storage space the food portion wanted each time is moved in connection with the activation of the heating phase to a heating unit (3) where the food portion is heated, after which the food portion is ready for serving, characterised in that the prepa-10 ration of food portions ready to be eaten is accomplished using a single apparatus which comprises at least a space for the cold storage, heating and serving of food portions, and which apparatus is connected when needed over a telecommunication network or alike with a supplier of foodstuffs or with some other organisation, such as a service and maintenance, or a main frame computer or a server computer where the information needed is stored.

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- 2. Method as defined in claim 1, characterised in that the order for new food portions is done over the telecommunication network.
- 3. Method as defined in claim 1 or 2, characterised 25 in that the selection and the heating of the food portions is performed when needed by remote activation of the apparatus over the telecommunication network.

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4. Apparatus for the processing of food portions, said apparatus comprising at least a cold storage space (1) for the storage of food portions and a heating unit (3), characterised in that the cold storage space (1) and the heating unit (3) are integrated into a single assembly, which has been ar-

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ranged to be controlled by means of a control centre (6) and a user interface (7).

- 5. Apparatus as defined in claim 4, characterised in that, in addition to the cold storage space (1), heating unit (3) and user interface (7), the apparatus comprises a telecommunication unit (5), which serves to provide communication with a supplier of food portions, a failure data monitoring party or equivalent.
- 6. Apparatus as defined in claim 4 or 5, characterised in that the apparatus comprises a transfer mechanism (2), which has been arranged to transfer food portions from the cold storage space into the heating unit and, if necessary, further to a serving device (4).
- 7. Apparatus as defined in claim 4, 5 or 6, characterised in that the apparatus comprises a data processing section (9), which has been arranged to function as a supervising element storing and distributing information and activating the functions of the apparatus.
 - 8. Apparatus as defined in any one of the preceding apparatus claims, characterised in that the apparatus is connected to a telecommunication network, such as a telephone network or internet(8), over which the ordering of food portions, remote operation of the apparatus, transmission of failure information etc. have been arranged to be effected.
- 9. Apparatus as defined in any one of the preceding
 apparatus claims, characterised in that the apparatus comprises a system for controlling the user's nutrition level and diet.